

Leaf Mug Rug 6" x 6"

Frieda Anderson designs for the Chicago School of Fusing Pattern works
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You can make yourself a small, 6" square mug rug to keep next to you in your studio or by your bedside. Then once you have made the small version, try the larger version of my pattern Falling Leaves, and see how satisfying it is to piece together. Order the pattern or the pattern and the kit at **friestyle.com**.

DIRECTIONS FOR 6" square curved leaf Mug Rug.

Supply List:

- 1 square of blue background fabric 10" x 10"
- 1 square of two tone, or two green colored leaf fabric 10" x 10"
- 1 8" backing fabric



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Fabric for binding

1 8" batting square

Box of Freezer Paper

Bottle of Elmer's School glue

2 Small bottles with fine point tops bought at craft store – like *writer's bottle with cap, or 50ml squeeze bottles with cap*

Spray starch

Mechanical pencil

Black sharpie marker

Neutral piecing thread

Machine quilting thread

Pattern

Organizing:

- Transfer the leaf pattern onto a piece of freezer paper.
- Number each of the sections of the pattern 1-4 on the freezer paper pattern.
- Draw a reference line through each of the leaf rectangles to use for aligning purposes when gluing the pieces together before stitching. Also draw a 45 degree angle on each side of the leaf as a reference for using a striped fabric with the leaf shapes.
- Use spray starch to iron all of your fabrics before starting.

Cutting apart your pattern:

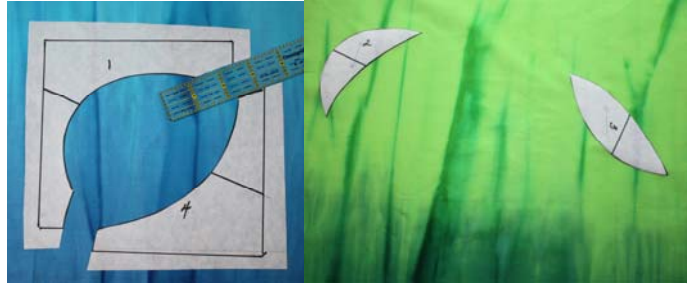
1. Using a ruler and straight rotary cutter, cut the freezer paper leaf pattern apart directly on the drawn black line of the freezer paper pattern.
 - a. First, I cut the pattern apart on the straight lines using a ruler and rotary cutter. Then I free form cut each leaf section apart using a rotary cutter and a steady hand up the middle of the curve on the drawn line and around each leaf shape.
2. Iron each freezer paper background section and each leaf section shiny side down onto the appropriate piece of fabric.
 - a. I have blue fabric for the background sections
 - b. I have two different color fabrics for my leaf sections, with a subtle strip in the fabric to indicate veins of the leaf. I use the 45 degree angle on each leaf section to match the strip in the fabric to elude to the vein in the leaf.



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3. When spacing the freezer paper template pieces on the fabric, leave $\frac{1}{2}$ " of fabric around all edges of the freezer paper. I try to line up the straight edges of the two background pieces for each unit so they are about 1" apart. That way, when I use my rotary cutter to cut out around each piece, I can make one cut



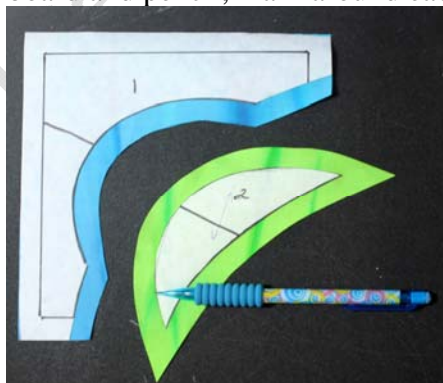
to divide up the two pieces.

4. Cut out around each freezer paper section template section leaving $\frac{1}{2}$ " on all sides of the fabric.
5. You will now have four sections for the leaf block - two background sections and two leaf sections.



Preparing your units:

1. Using a sandpaper board and pencil, mark around each freezer paper template shape using a mechanical



or ceramic pencil.

2. You will use this line to guide you when you sew the seams. Also label each background unit with its number in the seam allowance.
3. With a sharp scissors, clip around the inside curve (concave) of the background fabric approximately

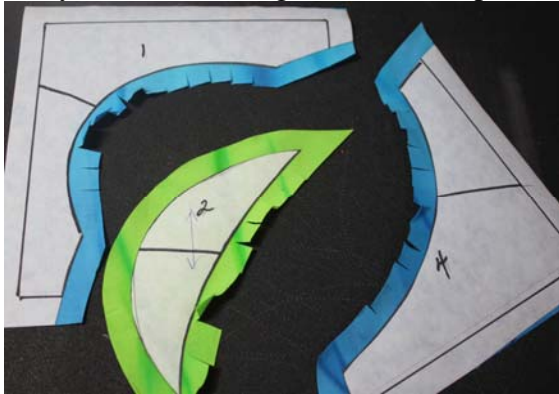


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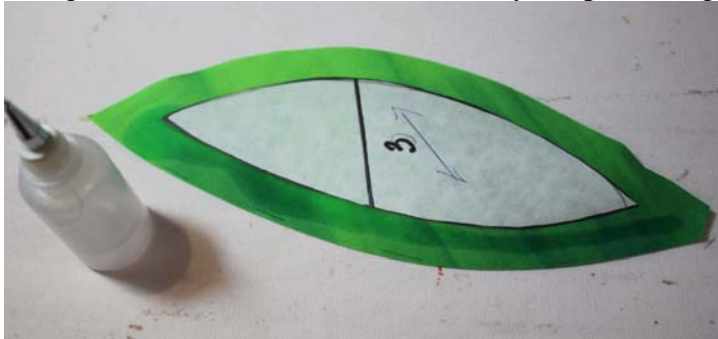
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every 1/2 inch making sure not to clip all the way to the paper (leave about 1/8 inch).



6. Using one of the small bottles you got at the craft store, spray into it your spray starch. Use this bottle to run a line of starch around the curved edge of each background section. Fold the seam allowance back along the freezer paper and press with a hot dry iron to crease the fabric. You will do each edge of the background section in the order that they are pieced together.



- a. Start with the inside curve
 - b. Then the two edges that will join each completed leaf section to the next completed leaf section
 - c. Finally the outside edges.
4. On each leaf section, run a line of spray starch around the inside curved edge (convex). This is the edge that will be pieced to the background section. Using a hot dry iron press this edge back over the freezer paper shape.
 5. Line up the leaf shape inside the background shape, matching up the correct numbered pieces and using the line that you drew as a guide across all the units of the leaf rectangle. Use the Elmer's school glue to run a line of glue along the edge of the background curve, then fold over the fabric from the leaf section on top of the background section with the glue, and press with a hot dry iron.
 - a. One of the small bottle caps may fit on the glue bottle giving you a thinner line of glue when you use it, or you can transfer some of the glue into one of the small bottles and use it from there.
 6. The iron will set the glue and hold the two fabric sections together so you can sew the seam. Do both



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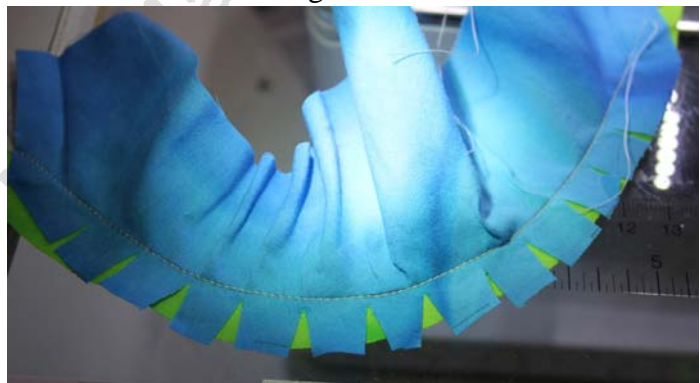
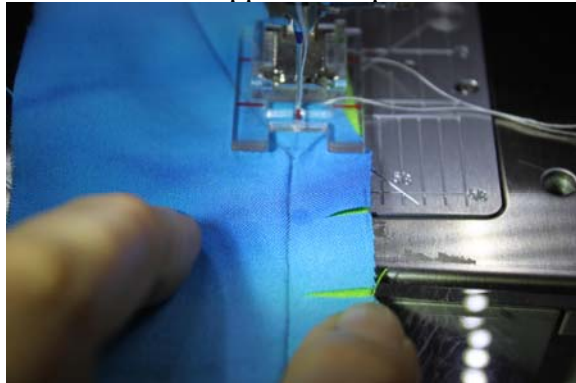


halves of the unit.

7. You can now remove the freezer paper. *Mugrug9.jpg*

Sewing each leaf section together:

1. When sewing the leaf sections together, sew with the background section side up. Hold the ½" seam allowance with your right hand and sew slowly along the drawn and creased line created with the pressing. Adjust the seam as you go so you don't get any puckers in the seam. I often use a tweezer, stiletto or seam ripper to keep the seam smoothed down as I'm sewing.



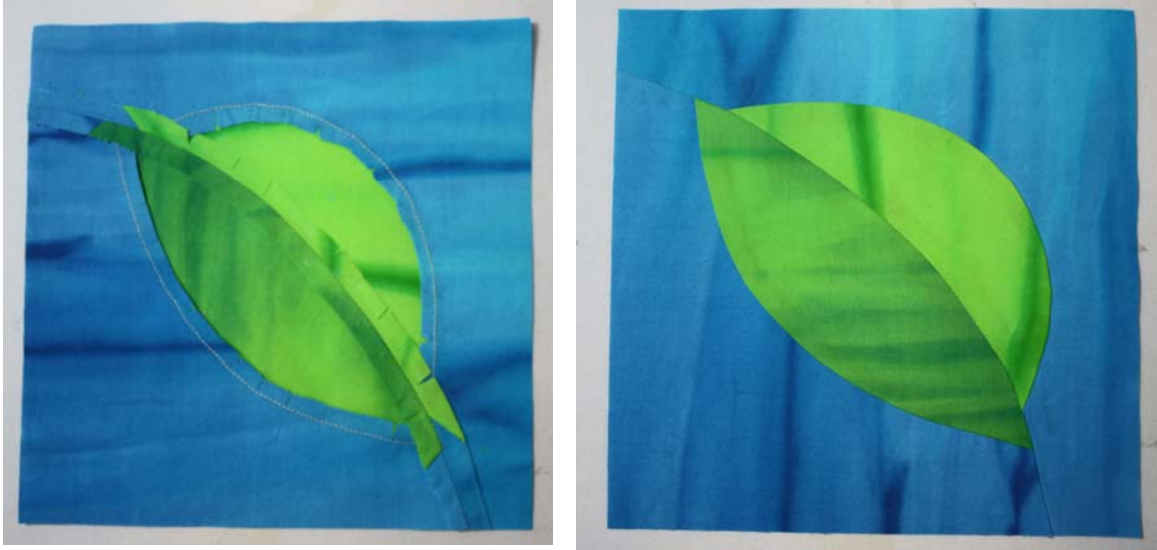
2. Check each seam to make sure there are no puckers. If there are puckers, pick out the stitches and re-stitch.
3. Pull the glued seams about and then clip the seam to ¼" wide and finger press in the direction you desire. Also clip at the seam line a V shape where the seam will be folded over. *Mugrug12.jpg*
4. Repeat this for the other half of the rectangle and leaf unit.
5. At the ironing board match up the two sewn leaf sections in the middle, matching the crease lines at the outside edge as a guide. Use a thin line of glue on the concave side of one of the sewn leaf and rectangle sections, folding over the seam allowance of the other leaf and rectangle section, then press the two sections together with a hot iron. Sew up the center crease line. After sewing, pull the glued seam apart and trim the seam to ¼ inch. Press this center seam open. Don't trim this unit to size yet, wait until you have quilted it.

Layer this single leaf block with batting and backing fabric and machine quilt it together.



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Machine Quilting the leaf block

1. Stitch in the ditch down the center curved seam allowance using a walking or even feed foot and matching thread.
2. Stitch in the ditch around the outside edge of the leaf. I have stitched vein lines in each half of my leaf sections at the same time I was stitching around the outside edge.
3. Switch to free motion machine quilting and add your name to the bottom edge of the leaf. Use a pencil to write your name and free motion quilt it with thread matching the background fabric.
4. Free Motion Quilt stipple stitch in the background of the block.

Square up the quilt block and add a binding to finish your small mug rug. Enjoy the fruits of your label everyday as you sip your tea or coffee.



Falling Leaf mug rug

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